THE PULSE

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New England Deaconess Hospital Employees

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MISS MARGARET M. SHRADER

Many people expect in meeting Margaret M. Shrader to see at least a middle-aged woman, if not someone with white hair. This is a common picture of a superintendent of nurses —but not so at the New England Deaconess Hospital. In fact, it is difficult to believe that such a young person could be the Principal of the School of Nursing and also Superintendent of Nurses. Miss Shrader tells stories on herself of the dilemma this situation causes for some. There are a number of people who pass her everyday without realizing it, as she flies along the corridors.

Miss Shrader is proud of her heritage and the fact that she was born in Virginia. Somewhere, somehow she lost her southern accent. The family home is located on a part of George Washington's former estate — a very beautiful part of the country. One of Miss Shrader's greatest pleasures is to visit there.

All of her school life was spent in Baltimore until she was ready to enter college. She became interested in the Eastern Nazarene College at Wollaston through the Dean, who was a friend of her mother. One of her two sisters, who was ready to enter college at the same time, also chose the same school — so they enjoyed continuing their studies together. Miss Shrader's special interest was in literature. Following college, it would have been natural for Miss Shrader to have attended the John Hopkins School of Nursing, but just before entrance her family moved to New York, so she transferred to the School of Nursing at the Columbia Presbyterian Medical Center.

Since graduation, she has held various positions from that of floor duty nurse to that of Assistant Director of Nurses. She has had, therefore, the opportunity to become acquainted at first hand with the problems involved in these various positions. She also had the opportunity of working with volunteers when the Red Cross volunteer nurses' aid course was first established.

For several years prior to her appointment at the Deaconess Hospital, Miss Shrader did graduate work at Boston University and received the degree of Master of Education with a major in Nursing Education in 1944. She is active in the alumni associations of both her liberal arts college and graduate school. She is also active in the work of the Massachusetts League of Nursing Education.

Miss Shrader maintains her interest for literature and participates in a monthly book club where books of current interest are discussed. Poetry — especially that of Browning, music — Beethoven and Wagner in particular— are two of Miss Shrader's many interests. She has a fine record collection to which she is steadily adding. She likes to cook, and her specialty is lemon meringue pie. Hungry? She loves cats — in fact at one time she had 27 in Virginia. She is a dog lover, too — watch for further developments along this line! One hobby has been photography — she uses a 120 Kodak.

Miss Shrader accepted her appointment at the Deaconess Hospital because she felt that the position offered a challenge, for the School of Nursing is unique and the students outstanding. She knew that the emphasis is a primarily Christian one and that appealed particularly to her. Miss Shrader also recognized that the hospital has an excellent reputation for nursing care and that there is a fine staff of doctors. She feels it is a great privilege to work at the Deaconess Hospital. Miss Shrader earnestly seeks to have a progressive democratic school and to treat her staff in a fair and understanding way.

$800,000 CANCER INSTITUTE

On April 2, representatives of the press met in Harris Hall Library with representatives of the Deaconess Hospital, Harvard School of Public Health, and the Massachusetts Division of the American Cancer Society to learn about the new Cancer Institute to be erected in the near future as part of the New England Deaconess Hospital and the Cancer Detection Clinic to be put into operation here on September 1, 1948.

Dr. Cook acted as moderator and introduced the following speakers who described various phases of the program: Dr. Shields Warren, Dr. Clifford Franseen, Dr. Charles Lund, Dr. Helen Roberts (Harvard School of Public Health), and Mr. Arthur T. Lyman (President, Massachusetts Division of the American Cancer Society.)

The Cancer Institute, made possible by a grant of $400,000 from the Federal Government plus an equal amount from the Deaconess, will be a six-story building erected on Pilgrim Road. Its purpose will be to serve as a "pilot plant" in cancer research— as an educational center for doctors and students — where new techniques, tools, and tests will be perfected to aid in the detection, treatment, and cure of cancer. Special emphasis will be placed on the application of new techniques developed by atomic energy, since Dr. Shields Warren, who will be director of the Institute, is also in charge of the Division of Biology and Medicine of the Atomic Energy Commission.

The Cancer Detection Clinic, to be housed temporarily in the Palmer Out-Patient Department, will be a part of the Cancer Institute. The purpose of this clinic is five-fold — to examine well people (1) to detect cancer before symptoms occur, (2) to find earl manifestations of other diseases, (3) to inform and educate the public, (4) to locate incidence of late cancer, and (5) to document findings and data for statistical study.

HOSPITAL DEPARTMENTS
DIETARY

Number Three of a Series

As the modern housewife does her weekly shopping and buys one fryer chicken, a peck of potatoes, one dozen eggs, one pound of butter, a head of lettuce, and one dozen oranges, she thinks she has a large supply of food. The hospital supply of food includes these same items in much larger numbers and then only for one day's supply instead of a week. Here is an average daily order of food needed to feed 300 patients and to serve 800 meals in the cafeterias: 300 pounds of ribs of beef, 20 turkeys, 125 fryers, 5 bushels of potatoes, 75 dozen eggs, 75 loaves of bread, 24 pounds of butter, 90 heads of lettuce, 500 oranges to serve for breakfast, 25 pounds of

coffee, 544 quarts of milk, 56 quarts of cream, and 60 quarts of ice cream.

But feeding patients and personnel is only a part of the dietary responsibilities. Other tasks include: (1) The teaching of both theoretical and practical nutrition and diet therapy to student nurses. (2) The following of doctor's orders for therapeutic diets and making diet changes whenever the doctors order them. (3) Maintaining a cost accounting system on the purchase of all food for the department and the keeping of sufficient and accurate records. These accurate records are kept for two reasons: (a) to find out exactly how much it costs to feed patients and personnel, and (b) to control food issued from the storeroom. (4) Maintaining an efficient production of food service to patients with each dietitian a personnel manager to keep peace and harmony in the kitchens.

Each kitchen has three deadlines that have to be met daily regardless of obstacles that arise. If illness strikes employees and only two people out of eight regular workers report for duty, the same amount of work must be covered and the deadline of serving the meal on time must be met. Placing hot and cold food on trays and taking it up to the floor is not a task that can be put aside until the next hour when more help arrives. On holidays, when some other departments of the hospital can take a day off or just work regular duty, dietary employees are kept busier than usual because special efforts are put forth to decorate trays and provide an abundant festive meal such as the patients would enjoy at home.

To the casual observer walking through the cafeteria line or seeing a patient's tray, it is hard to realize all these factors and the people involved to purchase, prepare, and serve between 1600 and 1700 meals every day. The Dietary Department is apt to be the butt of many criticisms, but it does receive as many compliments — from patients, visitors, and employees.

PROCEED CAUTIOUSLY!

Through your negligence and carelessness someone, perhaps yourself, may become the victim of a hospital accident. Throughout the hospital there are so many opportunities for accidents that everyone must be very careful. If an accident occurs, please cooperate and report it to the head of your department who, in turn, will contact the Employees' Health Service. Your injury will be attended to in the First Aid Room on Palmer 2.

Here are a few reminders on how to prevent accidents:

1. Go around those blind corners cautiously to avoid stumbling head-on into carrier trucks, stretchers, stray objects, or another person.

2. Throw cans or empty bottles into trash cans — not into incinerators where explosions may occur and burns result.

3. Be careful when handling glassware. Cuts caused by broken glass make up a great number of hospital accidents treated in the First Aid Room.

4. Walk downstairs — watch your step — hold onto banisters. Remove any unnecessary articles left or dropped on the stairs.

5. Wipe wet or greasy spots from floors. Many an injury has occurred through this negligence.

6. Examine all equipment thoroughly before using. Help prevent mishaps from use of improper equipment.

This is not a complete list, but please bear these pointers in mind and concentrate on preventing mishaps. Each year hospital accidents have increased in number. Let's change the direction of that trend. PROCEED CAUTIOUSLY!

CHIPS OFF THE OLD BLOCK

Since last month we published the prize-winning letter on "Why I Like My Job," it seems only fair that some recognition be given to the Booby-Prize epistle. A suitable prize of one shock block, one tongue depressor,

and a five-pound bag of shavings from the carpenter shop has been awarded.

"dear miss adums: This is not for publication i only want to express some exultation which is pent up inside of muh.

"I LOVE MY JOB! surprised? well, let me explain. My name is harold. My vocation (by nature, not choice—necessarily) is making little burrows in wooden structures and liking it. At present i am assigned to a electric switch box in the main tunnel of a hosp. yclept. Deac.-New Eng. Deac. that is. When i finish this assignment the box will be ruint and all the lights in the place will be exterminated. sort of a pun—.

"well, until recently my surroundings were very dull. now some fellers are painting all around my fuse box. thus illuminating my objective so that working is a pleasure. i used to dread it but now i love coming to work and sticking at it all day. What a difference a little paint makes.

thank you
your obd. servt.
Harold Termite

GLAD TO SEE YOU!

Greetings to these people who began work here in March:

Admitting
Helen E. Hobson

Chemistry
Alice I. McCarthy

Dietary
Annie E. Bradford
Julian L. Ellis
Benjamin Kimball
Marion H. Ray
Ethel Johnston
Alexander Robertson

Housekeeping
John Reedshaw
Maggie J. K. Reedshaw

Maintenance
David G. Burgess

Nursing
Dorothy Wells
Edna Whittemore
Shirley Archibald
Natalie Snow
Charlotte M. Mason

Operating Rooms
Lois E. Baird
Lillian H. Larsen

Personnel
Berta C. George

NEW DEPARTMENT

Congratulations to Miss Florence R. Brown who was promoted on March first to the head of the Operating Room Department. Miss Brown was formerly Supervisor of the Deaconess Operating Room and has been here since February, 1946. This new department was formed because it was such a large unit of the Nursing Department. It is the fourth largest in the hospital, having 40 employees, and is surpassed in size only by the Dietary, Housekeeping, and Nursing Departments. Best wishes to Miss Brown for success in her new duties.

BOWLING

There will be a meeting of all members of the bowling teams on April 22 at 3 o'clock in the Harris Hall Dining Room. The meeting is for the purpose of discussing a party or an outing. If you don't attend, don't be disgruntled about the outcome!

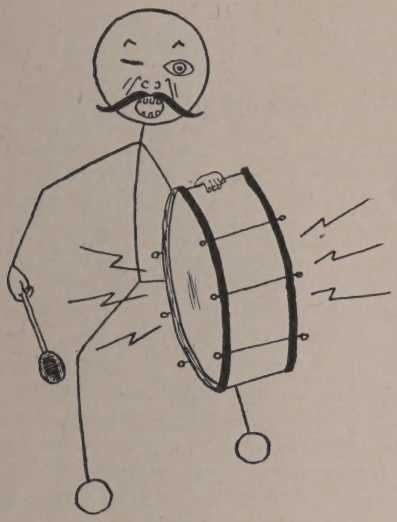
Results for the April 5th meet with 38 members present are as follows:

High Single — Men: Mr. Emery, 109.0.
High Single — Women: Miss Furbush, 99.0; Miss Arey, 99.0; Rita Dennehy, 99.0; Winnie Murray, 99.0.
High Average—Men: Mr. Emery, 103.33.
High Average—Women: Miss Furbush, 89.67.

Team Results:

Baker 4 Nurses	91.42
Laundry	91.00
Pharmacy	85.11
Engineering	82.67
Purchasing	80.33
Deaconess O. R.	79.33
Deaconess 3 Nurses	79.04
Administration	77.19
Dietary	72.67

INTRODUCING MR. PILL



Anyone of the Pill family forgets this is a hospital and stamps loudly down the corridors; yells to his friends at the other end of the building; laughs boisterously anytime, anywhere; crashes around with equipment.

Shhhhh . . . DON'T BE A PILL!

STAFF NEWS

Good reports are heard from the bedside of Dr. Leland S. McKittrick who is at Phillips House. We hope he will be back on the active list by May.

Dr. George Gilbert Smith, president of the Massachusetts Society for Social Hygiene, has been taking part in a weekly radio series over WEEI entitled "Marriage for Better — or Divorce." These programs are heard Mondays at 3:30 P. M.

Congratulations to Dr. and Mrs. Fred Charles Brady on the birth of Fred Charles, Jr. March 22.

ADMITTING

Obituaries. It is widely rumored that the Azalea plant in the Admitting Office is dead, although this has not been officially confirmed by that office. Some observers suspect it died shortly after Christmas. This, however, has been strongly denied by certain members of the Admitting Office, who insist that tender and loving nursing care has kept it alive and that it will fully recover by Spring. Among the doctors who have offered professional advice are Dr. Brigham and Dr. MacMillan.

DIETARY

Mrs. Bill Gibson, wife of our efficient and loyal Deaconess chef, is hospitalized in our hospital. We wish her a speedy recovery.

Miss Irene Anderson, Baker Dietitian, is vacationing in Rochester, New York, and, accompanied by her mother, will visit in Alabama.

We are glad to see Miss Annie Bradford back for a while. She is substituting during Miss Anderson's absence.

Warren Davis has been ill again lately. He's had a tough time. Let's hope his luck changes.

Did you hear about Mrs. Nonie Green and husband Bill's unpremeditated flight to Iowa? It seems they went down to the airport to see a friend off, and, upon being invited, climbed in and went, too. What a surprise for their families out there!

Did you know that Benjamin Kimball, who is working temporarily as a cook in Deaconess, is Chef in the summer for King Brothers' Circus? And that he is an opera enthusiast?

Miss Winger is at Buck Hill Falls, Pennsylvania this week attending a Dietary Conference sponsored by the American Hospital Association. Many extra-curricular activities are possible there — did she take her golf clubs?

HOUSEKEEPING

Members of our department don't spend all their time sweeping, polishing, or running elevators. Many of them have hobbies. Stewart Lee enjoys working in his flower gardens, while Ambrose O'Hearn is a baseball fan. Robert Gero does wood carving, sketching, and painting. George Phillips likes classical music and has about thirty albums to play on his Westing-

house record player. Clarence Fowler, as almost everyone knows, has a fine dog named "Prince." John Gallagher enjoys riding "Bright Channon," a show horse belonging to his uncle in Braintree. The horse has been entered in many shows, winning several first and second prize ribbons, and will be entered in the New England Horse Show at the Boston Gardens. We all hope he comes out a winner.

LAUNDRY

The whole hospital extends its sympathy to Mr. Emery on the death of his father.

MAINTENANCE

We are pleased to report that Mrs. Eugene Hill (wife of our electrician) is doing nicely after suffering a broken leg as a result of slipping on the ice. Another casualty of the past terrible winter.

Congratulations are in order for Mr. Warren Smith, who has been appointed Shop Foreman and will be assistant to Mr. Sabine.

Did you know that Mr. John Curtis, with all his accomplishments, is quite a boy with a camera?

NURSING

On Saturday afternoon, April 3, Miss Olive Nelson gave a tea in honor of Miss T. K. Andranevala of Bombay, India, who has been studying in England and the United States. Miss Andranevala left this country on April 14 by plane to return to India where she will be nurse consultant for the government of India.

Mr. Morrill, hospital chaplain, conducted two services for student nurses during Easter week. For the second year a communion service was held on Holy Thursday — 90 members of the student-faculty group attended. Miss Ruth Bicknell sang two solos. On Easter Sunday morning at 6 A. M. 62 students gathered on Baker Roof for a Sunrise Service. Mr. Morrill spoke and a special music service was conducted by the students. The sun broke through the early morning sky just as the music began. Many patients and neighbors were able to hear the singing and the portable organ, and even though it was early, everyone present agreed it was well worth the rising.

Mr. John Crider, editor of the Boston Herald, spoke to the Faculty at its meeting on March 22. His topic was "Understanding our Foreign Policy." He explained the Marshall Plan briefly and in a very interesting manner, and answered several questions following his talk.

PATHOLOGY

Welcome to two newcomers — Dr. Duncan C. Smyth, Resident, and Dr. Robert C. Tate, volunteer. Dr. Feldman is hospitalized at the Beth Israel Hospital. We wish him a speedy recovering and hope that he will be back soon. Also on the sick list is Kay Haley who is home with a case of mumps. That's no fun.

We extend our deepest sympathies to Peggie Middleton on the recent death of her mother.

Congratulations to Mrs. Muriel Emmons, who recently joined our office force, on becoming a grandmother. Her granddaughter was born April 1. Mr. Howard Blinn is now working in the shop with Mr. Cowing and Mr. Spalding. He is one of a number of our employees working under the auspices of the Harvard Medical School.

Dr. Meissner recently spoke at the Duke University Medical School, Durham, North Carolina, and we hear it rumored that he presented a most excellent paper regarding tuberculosis. Dr. Wert has accepted a position at the Army Institute of Pathology in Washington, D. C. We all wish him the best of luck.

Lucky Jean Morrissey—who bought a chance on an afghan donated to the Friends of the Deaconess — and won. Jean was quite overcome, since she had never won anything before in her life.

PERSONNEL

Miss Berta C. George has joined the staff of the Personnel Office as Training Supervisor and will work up training programs for the hospital as well as induct new employees. She is a graduate of Radcliffe College, has worked for the American Cancer Society and taught in the public schools.